**SAKG Gardening & Cooking**

In the garden we planted broad beans, peas, a green manure crop, weeded, dug, fertilised and created a new path in our large triangle garden bed. We harvested lemons, leeks, herbs, celery, Asian greens, and used potatoes, garlic, sweet potatoes, zucchini and beans from storage. In the kitchen we cooked dhal, Indian vegetable curry from Goa, sweet potato pizza, brown fried rice and lemon biscuits. Thank you to all students for working so well during gardening and cooking with only two adults helping, Mrs Sangster and Robyn Coombes.

**NEWSLETTER | TERM 2 | WEEK 7**

| WEEK 8 | Wednesday, June 18th | Crazy Hair Day |
| WEEK 9 | Monday, June 23rd | Preschoolers Morning 10am-11.30am |
| | Wednesday, June 25th | Waterwise & Term 2 Assembly |
| | Friday, June 27th | NAIDOC Day at Dorrigo PS (Last Day of Term 2) |

**Term 2 School Holidays**

| WEEK 1 | Monday, July 14th | Staff Development Day |
| | Tuesday, July 15th | Students Return for Term 3 |
| | Wednesday, July 16th | Small Schools Athletics Carnival-Urunga |

| WEEK 2 | Friday, July 25th | Schools Tree Day |

| WEEK 3 | EDUCATION WEEK | Monday, July 28th | Preschoolers Morning 10am-11.30am |

| WEEK 4 | Thursday, August 7th | Combined Small Schools Day-Ebor PS |

**Notes and Money due:**
- Term 2 SAKG Contribution
- Workbook Fees
- NAIDOC Day Consent Note & Bus Money
- Athletics Carnival Consent Note & Money
This week’s Chess Tournament Photos

Uniform and hat reminder
With winter now upon us it’s a timely reminder for students to be wearing warmer clothes to school, including a navy blue jumper and pants. It’s also necessary for students to bring and wear their hat everyday so we can continue to be sun smart in all seasons.

Electricity (Power) Interruption – Tuesday 17th June
Essential Energy has a planned interruption of electricity supply on Tuesday 17th June that will affect the school between 9am – 2:30pm. We have organised to hire a generator and will operate on a limited power supply, although without heating. Activities planned for the day will run as normal and students should be reminded to wear warm clothing.

Crazy Hair Day & Mufti Day – Wednesday 18th June
On Wednesday 18th June we will have a Crazy Hair Day gold coin fundraiser for Cystic Fibrosis. Students are to come with the craziest hair they can think of: teased, coloured, gelled, twisted, wigs and scarves, punk or just plain messy! This will also be a mufti day (non uniform).

Preschoolers Morning – Monday 23rd June
Join us for our pre-schoolers visit on Monday 23rd June here at school from 10am to 11.30am. There will be educational activities that help develop gross and fine motor skills as well as art and craft. All preschool children aged 1-5 are welcome.

End of Term assembly and Jump Rope for Heart Exhibition – Wednesday 25th June
Our Assembly and Jump Rope for Heart exhibition will be held on Wednesday 25th June at 2pm. We will welcome Clarence Valley Council Mayor, Mr Richie Williamson to award our school with our Waterwise accreditation renewal. Students will be showing work from class and special term awards will be presented. Parents and community members are welcome to attend.

Jump Rope for Heart 2014
Students have been participating in Jump Rope for Heart this term. If your child is fundraising for this event, please return the sponsorship forms and money to school by Monday 23rd June. Sponsorship is not compulsory.

NAIDOC on The Plateau – Friday 27th June (last day of Term 2)
All school students on the Plateau will be participating in NAIDOC celebrations at Dorrigo Public School on Friday 27th June. Students will join in to a variety of workshops in the morning followed by an indigenous performance in the afternoon. There will be a wide variety of experiences including a smoking ceremony, indigenous dancing, traditional language, storytelling, painting and Indigenous games to name a few! This will be a fantastic, fun packed and very educational day for all students. We will catch the town bus to Dorrigo PS and catch it home from Dorrigo PS in the afternoon. The total cost will be $2.00 per student for the bus ($1 each way). There will be no cost for the activities on the day. Students who normally catch Jim’s bus will need to catch the High School bus run and will return home on the High School bus run. All other students will need to be at Tyringham Store at 7.50am and be collected at the Tyringham Store at
4pm. Students will need to wear full school uniform (sport shirts), appropriate footwear, hat, water bottles, packed recess and lunch. Please fill out and return the consent note and money as soon as possible.

Small School’s Athletics Carnival at Urunga
Wednesday 16th July (Week 1 – Term 3)

Our annual Small School’s Athletics Carnival is on Wednesday 16th July at Urunga Recreational Grounds starting at 9.30am and finishing at approximately 2.30pm. This is a great day for all students to showcase their athletic abilities and more importantly socialise with many of their peers from other small schools. **We are taking Jim’s bus to Urunga on the day. Cost will be $10 per student.** We will need to know in advance whether your child will be travelling by bus or not. If we do not get enough students interested, we will have to rely on parental transport. This is a whole school excursion, teaching staff will be at the carnival on the day. Students who normally catch Jim’s bus will need to catch the High School bus run in the morning and will return home on the High School bus run in the afternoon. All other students will need to be at Tyringham Store at 7.50am and be collected at 4pm. A (pre-ordered) canteen list will be sent home shortly when we receive it. We will also need some parent volunteers to do a shift in the canteen from 11.45am to 12.15pm on the day. Please fill out and return the consent note if attached as soon as possible, so bus arrangements can be made.

Student Reports – Wednesday 26th June

Students Reports and Portfolios will be sent home on Wednesday 26th June after the Assembly. Please return Portfolios next term so we can add to them throughout the year. If you have any concerns regarding your child’s report, please contact the school otherwise, PLP meetings are planned for early Term 3.

Premier’s Sporting Challenge.

Students and staff are having fun participating in the 2014 Premier’s Sporting Challenge. Staff have accumulated in last two weeks a total of 132 kilometres walking distance.

MS Readathon 2014

Every year, MS Readathon helps raise funds for Multiple Sclerosis. 2014 is the 35th year of the MS Readathon. It will see thousands of students picking up their books and reading to make a difference in the lives of Australians living with multiple sclerosis. It is free for children to register online and every child who completes the program will receive a special certificate. **If your child/ren would like to participate in this fundraiser, they can do so by registering online at www.msreadathon.org.au.** Registrations open on 3rd June and the MS Readathon reading period starts 1st August to the 31st August. For more information check out the website.

Reminder - Weekly Contribution of $1 per student

The kitchen garden program has ongoing costs each week, such as cooking ingredients, seeds and seedlings. We are asking that parents help contribute towards these costs by sending in $1 each Friday per child. The cost for Term 2 is $8 per student. **Invoices for amounts owing by students is attached.** It would be appreciated if these could be paid before Monday 25th June. Thank you to all students who have paid in advance.

P&C News & Community Notices

P&C Wood Raffle Tickets

- **First Prize:** Trailer of split firewood (Delivered locally)
- **Drawn:** Wednesday 25th June at our Term Assembly
- **Tickets:** $1.00 each Please have all tickets sold/unsold and money returned to school by Monday 23rd June.

The Paul Muir Trophy

The 6th Annual Paul Muir Pool Competition was held on the weekend. Thank you once again to Bob and Katrina who did a fantastic job of organising the event. A good time was had by all that attended. Debbie and Ken from the fire bridge cooked a yummy BBQ as always. For the Junior Comp there were only six competitors in both the speed pool and pool. D’arcy Not (former Dundurrabin student) won both competitions. The fun knockout doubles was won by D’arcy Not and Max Mears. The senior comp was won by Bob Sangster. It was great to see new young competitors stepping up to play against the more experienced adults.

Commonwealth Respite & Carelink Centre Far North Coast

Our Centre is here to support family members, friends or neighbours (carers) who provide a significant amount of help to someone who is a frail older person, has a disability, or chronic, terminal or mental...
Children and Food Advertising: a good reason to reduce screen time.

Did you know …

✦ Children in Australia are exposed to large amounts of food advertising during children’s viewing times on television.
✦ The majority of this advertising is for foods that are unhealthy and of low nutritional value.
✦ This advertising can increase children’s requests and preference for these products and does not support parents trying to provide healthy food choices.
✦ This advertising is not limited to television but also occurs on children’s websites on the internet. *

What can you do?

✔ Limit children’s screen time to the recommended amounts, that is less than 2 hours per day.
✔ Model less screen time to your child, for example, not turning on the TV as soon as you arrive home, or turn the TV off after a show has finished.
✔ Make a list of other activities your child can do.
✔ Monitor what your child is viewing.

For more information – www.cfac.net.au; www.childrenandmedia.org.au/resources

*Source – Children’s health or corporate wealth? A briefing paper by the Coalition on Food Advertising to Children (CFAC) 2007