**FORTNIGHTLY AWARDS**  
**Week 6 – Term 4, 2015**

<table>
<thead>
<tr>
<th>Category</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student of the Week</td>
<td>Lachlan Gough</td>
</tr>
<tr>
<td>Sports / Value Person</td>
<td>Tyrie McLennan</td>
</tr>
<tr>
<td>Mathlete of the Week</td>
<td>Elsie-Leigh Coombe</td>
</tr>
<tr>
<td>Class Awards</td>
<td>Isabelle Cartmill</td>
</tr>
<tr>
<td></td>
<td>Terrific writing</td>
</tr>
<tr>
<td></td>
<td>John Wykes</td>
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<tr>
<td></td>
<td>Persistence in all class activities</td>
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</tbody>
</table>

Well Done!

**Life Education**

Last Thursday we visited Healthy Harold at Ebor PS for our annual Life Education lessons. Ms Edwards had also planned Aboriginal painting activities and modern dancing lessons for us to rotate through.

**WHAT’S ON FOR TERM 4**

<table>
<thead>
<tr>
<th>WEEK 6</th>
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<tbody>
<tr>
<td>Monday, November 6</td>
<td>Milo Cricket at school – 2pm</td>
</tr>
<tr>
<td>Wednesday, November 11</td>
<td>Kindergarten Orientation (Full Day)</td>
</tr>
<tr>
<td>Friday, November 13</td>
<td>Sport at Hernani PS</td>
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<table>
<thead>
<tr>
<th>WEEK 7</th>
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<tbody>
<tr>
<td>Monday, November 16</td>
<td>Preschoolers 10am – 12noon</td>
</tr>
<tr>
<td>Friday, November 20</td>
<td>Year 6 Dorrigo HS Orientation – All Day</td>
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<tr>
<td></td>
<td>Milo Cricket at school – 2pm</td>
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<td></td>
<td>Big Day Out Excursion to Coffs Harbour</td>
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<thead>
<tr>
<th>WEEK 8</th>
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<tbody>
<tr>
<td>Tuesday, November 24</td>
<td>Kindergarten Orientation (Full Day)</td>
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<tr>
<td>Friday, November 27</td>
<td>Special Canteen Day</td>
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<tr>
<td>Sat &amp; Sun, November 28 &amp; 29</td>
<td>Dorrigo Show</td>
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<thead>
<tr>
<th>WEEK 9 - SWIMMING WEEK</th>
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<tbody>
<tr>
<td>Monday, November 30 to</td>
<td>Swimming Scheme – Dorrigo Pool</td>
</tr>
<tr>
<td>Friday, December 4</td>
<td>Year 6 Dorrigo HS Orientation – All Day</td>
</tr>
<tr>
<td>Thursday, December 3</td>
<td>Parents Information DHS 9.05am – 10.45am</td>
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<thead>
<tr>
<th>WEEK 10 - SWIMMING WEEK</th>
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<tbody>
<tr>
<td>Monday, December 7</td>
<td>Kindergarten Orientation 12noon- 3.20pm</td>
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<tr>
<td>Monday, December 7 to</td>
<td>Swimming Scheme – Dorrigo Pool</td>
</tr>
<tr>
<td>Friday, December 11</td>
<td>Year 6 Dorrigo HS Orientation – All Day</td>
</tr>
<tr>
<td>Wednesday, December 9</td>
<td>Helpers High Tea – 2.30pm</td>
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<table>
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<tr>
<th>WEEK 11 - LAST WEEK OF TERM 4</th>
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<tbody>
<tr>
<td>Monday, December 14</td>
<td>End of Year Presentation Assembly  5.30pm</td>
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<tr>
<td>Wednesday, December 16</td>
<td>Last Day of Term 4 for Students</td>
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</table>
SAKG Gardening & Cooking

Week 4
Students enthusiastically weeded several garden beds and harvested a variety of produce including leeks, asparagus, peas, silverbeet, spinach, herbs, eggs, carrots and shallots. In the kitchen we cooked pea samosas, creamed spinach, beetroot and carrot salad, garden salad with ranch dressing, Asparagus and leek quiche and fruit and coconut slice. Thank you to Elsie for donating some yummy beetroot and to Gail and Julie who volunteered in the garden and kitchen.

Week 5
In gardening each group drilled holes in a tub and then planted different varieties of potatoes. They added straw and watered them and will now wait to see them grow leaves. We harvested asparagus, leeks, snap peas, herbs, eggs, shallots, lettuce and spinach. In the kitchen we cooked perpetual spinach and coconut soup, broad bean dip and flatbread, arrowroot chips, asparagus and broccoli salad and rhubarb crumble with custard. Thank you to Gail and Julie who volunteered in the garden and kitchen.

Year 5 & 6 Excursion to Sydney - 2 to 6 November
Last Monday we went on an excursion to Sydney with Year 5 and 6 from Dorrigo Public School and Darcy from Hernani Public School. We travelled by train from Urunga to Sydney, it took about 9 hours. That night we walked over the Harbour Bridge before going to bed.
On Tuesday we did a “pieces of the past” guided tour, where we talked about the history of the Rocks. Then we caught the ferry across the Harbour to Taronga Zoo. The monkeys were active and funny. When we were finished at the zoo we caught the ferry to the Opera House where we had a tour of the outside of the Opera House and learned about how it was built. On Wednesday we walked to the Aquarium, there was a tunnel where we could walk under the water and there were enormous sharks. After the Aquarium we went to the wax museum where we saw life like models of actors and famous people. We went to the IMAX Theatre and saw “Hidden Universe” in 3D. Then we went to the Maritime Museum and learnt about The Endeavour and the Explorers. After that we went to the Sydney Tower and saw a 5 minute movie in 4D, We also went up the top of the tower to look at the view.
On Thursday we had to get up early to go to Martin Place for the Sunrise Show. Then we went to Parliament House and St. Marys Cathedral. We went to the Art Gallery, it was very cool. After that we went to the Observatory.
On Friday we walked to the train station. We missed the first train so we had to catch the 12 o’clock train and it took another 9 hours to get back to Urunga. We got there at 8.30pm and got picked up by our parents.
By Lucy Not, Emily O’Brien and Joe Wykes.

MILO Cricket
We’re having a blast fine tuning our cricket skills with Ben on Monday afternoons.
Kindergarten Transition
This Wednesday 11 November
We had three of our 2016 Kindergarten students join us for a full day of transition on Thursday 29 October. Jacob, Jett and Tyson enjoyed a fun packed day including reading, cutting, colouring, making farm animals, maths games, stories, art and imaginative play. We look forward to their next visit this Wednesday. If your child is turning 5 years of age before 31 July, 2016 they are eligible to enrol in Kindergarten at Dundurrabin PS for 2016. Our Term 4 Kindergarten orientation full days will be:

- **THIS Wednesday 11 November**
- **Tuesday 24 November**
- **Monday 7 December – from 12 noon**

This will provide your child with the experiences of school and help to prepare them for kindergarten. We look forward to working with our new Kindergarten students.

Combined Schools Sport Afternoons – This Friday 13 November
This Friday we will travel to Hernani PS to participate in our last sport session for 2015. We will depart School at 12.30pm. We will have lunch (packed from home), a sport session and fruit at Hernani before returning to school in time for normal bus routine. Transport will be by Jim’s bus for the term at a cost of $16.00 per student ($8.00 each trip). Please fill out the consent note if attached and return it and money to school as soon as possible.

Yr6 Orientation – Dorrigo High School – Monday 16 November – All Day (8.45am to 3.15pm)
Monday 16 November, Year 6 will be heading to Dorrigo High School to participate in a full day of lessons. Students may catch the High School bus to and from the High School (cost $2.00 to be paid to the bus driver on the day). Please have your child at Tyringham Store by 7.45am or they may catch Jim’s HS bus run in the morning and in the afternoon you can collect them from the shop at 4pm or they may catch Jim’s HS bus run home.

Remanding transition dates for Term 4 are as follows:

- **Thursday 3 December** – Students 8.45am – 3.15pm
- **Thursday 3 December** – Parents 9.05am – 10.45am

Please and sign the consent note attached and return to school.

Preschoolers Morning – Monday 16 November
Don’t forget to join us for our last preschool morning for 2015 on Monday 16 November from 10am to 12 noon. There will be educational activities that help develop gross and fine motor skills as well as art and craft. All preschool children aged 1-5 are welcome.

End of Year Excursion to Coffs Harbour – Friday 20 November
We’ll be heading to Coffs Harbour on Friday 20 November for our Big Day Out Excursion. Transport will be by Jim’s bus, leaving Tyringham Store at 8am and returning at 4pm. The first stop for the day will be the
Book Warehouse where students will choose their presentation books. Jim will then take us to the new Big Banana Waterpark at 11:30 for a session on the water slides and wet area. Before departing for home we’ll enjoy lunch and a play at Brelsford Park.

**The cost per student will be $30 ($15 for the bus and $15 for the water park).**

Students will need to wear full school sports uniform including a hat and normal school shoes. They’ll need to pack swimwear, a towel, fruit, recess, lunch and plenty of water to drink throughout the day.

**Students can catch the High School Bus run in the morning. Those students who do not catch the bus will need to be at Tyringham Store by 8am.**

Students will catch the High School Bus run home in the afternoon. Those students who do not catch the bus will need to be collected at Tyringham Shop at 4pm.

Please sign and return the consent note if attached and money.

### Special Canteen Lunches – Friday 27 November

Friday 27 November we will have our last special canteen lunch for 2015. Lunch orders are attached; please return them by Monday 16 November.

### Early Action for Success Update

This year our teachers have been working closely with our Instructional Leader, Alan Tonkin to assist students in the areas of reading and writing. In particular we’ve been targeting student learning goals and the explicit teaching of essential reading and writing concepts. We look forward to working with Mr Tonkin again throughout 2016 as we embark on an exciting literacy program he has organised for us to participate in.

### School Photos

Our school photos for 2015 will be ready to be distributed to families in the coming days. We’ve had a little preview and from what we’ve seen they look fabulous. Thank you Cathy Duck for sharing your photography expertise with us!

### School Swimming and Water Safety Program 2015 in Weeks 9 & 10

2015 Swimming will be run over two weeks this year. The School Swimming Scheme will begin on Monday 30 November and finish on Friday 11 December - 10 days in total. Thanks to our Sporting Schools grant there will be no cost for the swimming scheme this year, which includes the bus, daily pool entry and 10 hours of lessons. Please advise the school if you are a season ticket holder for the Dorrigo Swimming Pool and show your ticket pass for a reduction in our swimming costs.

### Bus Times will be as follows:

- **Monday, Wednesday, Thursdays** – leave school at 8.45am sharp and return to school by 11.30am (morning bus run as normal)
- **Tuesdays & Fridays** – leave by 9.45am sharp each day and return to school by 12.30pm (morning bus run as normal)

#### Times and dates:

- Monday 30 November – 9.30am to 10.30am
- Tuesday 1 December – 10.30am to 11.30am
- Wednesday 2 December - 9.30am to 10.30am
- Thursday 3 December - 9.30am to 10.30am
- Friday 4 December – 10.30am to 11.30am
- Monday 7 December – 9.30am to 10.30am
- Tuesday 8 December – 10.30am to 11.30am
- Wednesday 9 December - 9.30am to 10.30am
- Thursday 10 December - 9.30am to 10.30am
- Friday 11 December – 10.30am to 11.30am

Students may come to school dressed in their swimmers (rash shirt and hat) and either sandals or thongs. They must have a packed uniform (shirt/shorts/trousers/jumper/underwear/socks & shoes) to change into, as well as a towel (or 2) to dry themselves with. The school will provide sunscreen each day. Students will need to pack a big recess, lunch and plenty of water as swimming can make students extra hungry. Students will only be able to buy from the shop on the last day of swimming, Friday 11 December.

### Swimming Helper Volunteer roster form is attached

Please let us know if you are available to help out on any of these days. Please sign and return the consent note attached.

### SAKG - Weekly Contribution of $1 per student

The kitchen garden program has ongoing costs each week, such as cooking ingredients, seeds and seedlings. We are asking that parents help contribute towards these costs by sending in $1 each Friday per child. The cost for Term 4 is $11 per student. Thank you those families that have paid already.

### Reminder - 2015 Hernani Sport & Workbook Fees

Invoices are attached for those families that have not yet paid their workbook fees for 2015 and/or Hernani Sport Afternoon bus costs. Please pay as soon as possible. Remember all excursions should be paid for in full before the event on the day. Thank you those families who have paid already.

### BookClub Issue 8 – Due back 23 November

Attached is Bookclub Issue 8, if you wish to place an order from this issue, please have your order forms and money (cash/cheque made to Scholastic) back at school by Monday 23 November.
**Dorrigo Show – November 28 & 29 November**

**Start collecting art work for the show!!!!**

Students who wish to enter artwork for the show must have it at school by **Wednesday 18 November**

**the latest.** Students are asked to write on the back of their work: Students School / Student’s Name / Section and subcategory. Cost per entry is 50c per item. The school will enter and pay for two pieces of artwork from school for each student.

**P&C and Community News.**

**Launch of the Bellingen Shire Local Food Guide and Growers Market – Saturday 14 November 2015**

This Saturday 14 November from 9.30am at Bellingen Growers Market, Bellingen Showground, cnr Black & Dowle St, Bellingen. Clayton Donovan, Australia’s only hatted indigenous chef and star of Wild Kitchen which aired on ABC TV will launch the brand new Bellingen Shire Local Food Guide and Growers Market Flyer. The event will start with a Welcome to Country and finish with sweet treats cooked by Clayton himself. Tea and coffee will be available at the Growers Market stall and the market café will be open for delicious lunch. Music by Janugiina in Gumbaynggirr language, and by Akabella Choir. The guide includes 45 entries of local food producers, processors, suppliers, markets and community initiatives. The Growers Market Flyer highlights four markets in the shire where customers can source local food. You can download information about this event at [http://www.bellingen.nsw.gov.au/environment-waste/sustainable-agriculture](http://www.bellingen.nsw.gov.au/environment-waste/sustainable-agriculture)

**SORT - Grafton**

Good morning Inspired Artists and Scientists. SORT Grafton have got a huge range of FREE resources for inspiring people to use! Cardboard, containers, boxes, jars, foam, egg cartons and the list goes on. We would like our community to have access to ‘stuff’ that normally ends up in landfill. All products are clean and free to take! There is also no limit as to how much you can take. We are currently trialling our Resource Exchange space and if it becomes popular we will continue to stock it. We are open Mon-Fri 9-5pm, other times by arrangement. SORT Grafton, 121 Pound St, Grafton NSW 2460. Ph: 6642 5048
The simplest way...to prevent skin cancer.

Autumn is well and truly here, and as the days get shorter and cooler it’s easy to think that we don’t need to be as vigilant about sun safety.

However UV levels are not linked to the temperature, and can still be high enough in Autumn to damage children’s skin.

To help keep your kids safe, check your schools SunSmart status by heading to www.sunsmartnsw.com.au

For information about SunSmart visit: www.sunsmartnsw.com.au

The simplest way...to get organised for school lunches.

Over the course of your child’s school life, you will pack around 2,500 school lunches!

Follow our six-step method to make school lunches easy, healthy and eaten every day!

1. Always include a serve of fruit (cut up if your child is young)
2. Always include a serve of vegies (don’t forget legumes like baked beans count, too!)
3. Always include a drink of water
4. Always include a serve of wholegrains (bread, rice or pasta leftovers)
5. Always include a serve of reduced-fat dairy (cheese, yoghurt)
6. Always include a protein (egg, chicken, tuna).

See our website and facebook for more ideas!

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit

The simplest way...to make a healthy after-school snack.

Most kids are starving as they walk through the door – and reach for processed or packaged snacks for a quick hunger fix.

Get them to head to the fruit bowl, or vegie box in the fridge, instead...it’s healthier, and will leave them fuller for longer. Try:

- Asking your kids to pick a vegetable and fruit, and cut both into smaller pieces
- Adding a vegie dip to keep it interesting
- Making a fruit salad
- Adding a reduced-fat yoghurt and a sprinkle of muesli
- Visit our website for great muffin recipes

Our website is packed full of healthy ideas to help you stay inspired...have a look today!

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit